



Materials Needed:

board, poster board or a piece of foam board in the shape of a rectangle
two colors of paint
two paint brushes

Directions

1. Cut the board you are using so that your handprint and both footprints will fit.
2. Paint or color it with a bright red or any dark color you choose.
3. Trace a L and an E on a piece of paper. Cut it out and place it on the board to

get the spacing for your footprint and handprint.

4. When you know you have the spacing right, trace around the letters.
5. Now using white or a light-colored paint, brush the inside of your hand. Place your now painted hand beside the L. **Wash your hand.**
6. Now paint the bottom of your feet, one at a time. Place your footprints in a V shape. **Wash your feet.**
7. Now paint the letter L and E with white or the same light color paint you used for your handprint and footprints.
8. Let it dry.
9. Place where everyone can see it.

I LOVE YOU SUN CATCHER



Materials

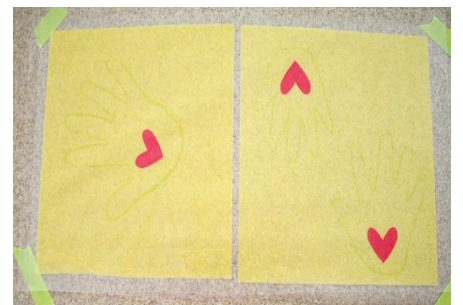
- Clear Contact Paper
- Masking Tape
- Tissue Paper-whatever color you would like to use
- Permanent Marker

1. Cut two large sheets of contact paper.
2. Tape the corners of one sheet to the counter and peel off the paper backing so that that sticky side of the contact paper was facing up.

3. Lay the colored tissue paper down on top of the sticky side. Smooth it out so that it is flat.

4. Cut small hearts that will fit in the palms of your hand. Place the hearts on the tissue paper. (You may want to use a glue stick to secure the hearts to the tissue paper. That will keep them from shifting.

5. Peel the paper backing off the second sheet of contact paper and smooth it out on top of the existing tissue paper and hearts.



6. Place your hand so that the heart will be in your palm. Then trace using a permanent marker. If you can, use

a marker that is very close to the color of your tissue paper.

You can also trace your hand on a piece of paper then cut it out and trace that onto the contact paper.

Once your hand is traced, remove the masking tape. Lift the paper off the counter. Cut out the hands, and ta-da!

7. Then fold down the fingers to make the “I Love You” sign.

Hang in a sunny window.